

Dear parents/carers,

RE: Allergy Awareness

At Bradford Academy, we want to make sure our students with allergies feel safe at school. So, we're asking everyone in our school community to do their bit to become allergen aware.

Please take a look at the enclosed factsheet from The Allergy Team, to find out more about allergies.

This is important because at our school we have students with a range of allergies including:

- Nuts, shellfish, dairy, fruits & wheat.

These students are at risk of serious harm if they have an allergic reaction, so we ask that everyone does what they can to help us keep them safe.

How can you help?

Please let us know if your child has an allergy. Also, talk to your child about allergies and the importance of:

- Taking allergies seriously
- Washing their hands before eating
- Not sharing food with their friends
- Being supportive of their friends who have allergies (being an allergy ally)

To avoid confusion, label your child's water bottle and lunch box with their name. Also, avoid sending in food that contains nuts for your child's packed lunch or snack.

When sending in food for your child to share with their friends:

- Include a full list of ingredients
- Let us know if there has been any risk of contamination with an allergen
- Let us know in advance so that we can warn any parents of students with allergies
- If you want to send in some food for your child to share with friends, we can only accept shop-bought food in its original packaging. This is so that we can check the ingredients list and be sure that the food is safe for all our students to eat

When inviting your child's friends over for a playdate or party, talk to their parents or carers about their allergies and think about how you can accommodate their needs. Try your best to exclude the allergen, not the child.

If you have any questions or concerns about allergies, please get in touch.

Yours Sincerely

P. Darbandi

Philippa Darbandi

Associate Assistant Principal- Operations

Responsibility | Respect | Resilience

