

	Reception	Year1	Year 2	Year 3	Year4	Year 5	Year 6
Autumn 1	Introduction to PE:	FMS movement and manipulation Intro to OAA	FMS movement and manipulation Pt2 OAA - teambuilding	FMS movement and manipulation Pt3 OAA intro to orienteering	FMS application Intro to AvD Swimming	Attack v Defence in 3v3 OAA navigation/orienteering	Developing invasion games Football/hockey/ Bball/Netball/ Handball/Rugby
Autumn 2	Space and grouping	FMS sending and receiving	FMS sending and receiving Pt2	FMS sending receiving Pt3	FMS application Intro to AvD Swimming	Attack v Defence in 3v3	
Spring 1	Movement ABC	Gymnastics and Dance	Gymnastics and dance	Gymnastics and dance	Gymnastics FMS application – Net wall	Gymnastics and dance	Gymnastics and dance
Spring 2	Manipulation Rules of a game	Gymnastics FMS – striking Sending/receiving (bats/sticks/clubs)	Gymnastics FMS – striking Sending/receiving Pt2(bats/sticks/clubs)	Gymnastics FMS striking Pt3	OAA - Developing Orienteering Swimming	Gymnastics Understanding tactics in Net/wall games	Gymnastics Developing Net/wall – Tennis/Badminton/Volleyball
Summer 1	Keeping score	FMS skills – All activities	FMS skills – All activities	FMS skills – All activities	FMS application Striking and fielding - cricket Swimming	Understanding Tactics in Striking/fielding games - Rounders	Developing Striking/fielding – Softball/rounders/ Cricket Athletics as an event Continuing Leadership
Summer 2		FMS skills – All activities	FMS skills – All activities	FMS skills – All activities	Intro to leadership – officiating Swimming	Developing leadership – Gp management/ officiating	

The plan is skill acquisition biased moving through to identifiable sports in year 6.

The plan is designed to give flexibility in delivery, to provide repetition through different mediums at key points in the year allowing transferrable skills to be highlighted.

Gaps or weaker areas can be easily identified and accounted for.