

Progression Map - BTEC Sport

Curriculum Intent

The secondary curriculum at Bradford Academy intends to:

- Develop individuals who are respectful, responsible and resilient and encourage them to be a shining light in their community.
- Ensure that learners develop knowledge and skills that lead to academic success and future opportunities.
- Create a culture of reading by maximising opportunities to read and broaden vocabulary during the school day and at home.
- Provide a breadth of subjects and experiences so that every individual can find and nurture their strengths and talents.
- Be ambitious for all of our learners by carefully planning for excellent achievement.
- Make use of a sound evidence base to ensure that lessons and teaching techniques are effective.

PE and Sport Curriculum Intent

Physical Education and Sport at Bradford Academy develops a learners character, and their ability to self- regulate. We do this by interacting with the learners, ensuring communication is constructive, sporting morals are reinforced, confidence is high, but balanced, and providing opportunities for leadership and independence.

We inspire learners by being the inspiration both personally and by providing external opportunities to engage in the wider world of Sport.

Learners are encouraged to have aspirations for a healthy, and active lifestyle, with opportunities provided to support this.

PE and Sport is inclusive, with a broad and balanced curriculum of activities that provides opportunities for any learner to either refine a sporting talent, or open a door to a new one.

Physical literacy and fundamental skills are at the heart of lessons, with a curriculum that enthuses articulation, self-reflection, and the ability to develop a sporting vocabulary.

The Pearson BTEC Level 1/Level 2 Tech Award in Sport is for learners who want to acquire sector-specific applied knowledge and skills through vocational contexts by exploring the different types and providers of sport and physical activity and the equipment and technology available for participation as part of their Key Stage 4 learning. They will also explore the different types of participants and their needs in order to gain an understanding of how to increase participation for others in sport and physical activity and further develop their knowledge and understanding of anatomy and physiology. Learners will undertake practical sessions to develop skills in planning and delivering sports activity sessions to participants. The qualification enables learners to develop their sector-specific skills, such as sport analysis and sports leadership, using realistic vocational context, and personal skills, such as communication, planning, time management and teamwork through a practical and skills-based approach to learning and assessment. The qualification recognises the value of learning skills, knowledge and vocational attributes to complement GCSEs. The qualification will broaden learners' experience and understanding of the varied progression options available to them. (Pearson, 2022).

KS4 Sport		By the end of Year 10		By the end of Year 11	
Knowledge and Skills	Examined Assessment Content	Term 1	Component 1 Content. In this term, learners will study all the content required to complete Component 1 coursework in term 2. Content covered includes: - Types and providers of sport and physical activities. - Types and needs of sport and physical activity participants. - Barriers to participation in sport and physical activity for different types of participants. - Methods to address barriers to participation in sport and physical activity for different types of participants. - Different types of sports clothing and equipment required for participation in sport and physical activity. - Different types of technology and their benefits to improve sport and physical activity participation and performance. - The limitations of using technology in sport and physical activity. - Planning a warm-up. - Adapting warm-ups for different categories of participants and different types of physical activities. - Delivering a warm-up to prepare participants for physical activity.		Component 2 Coursework Completion. In this term, learners will complete coursework for Component 2. This is submitted to the exam board and equates to 30% of the overall qualification final grade. There are 4 tasks to complete for this coursework. They are linked to a different vocational context released by the exam board each year. The tasks cover: 1. Components of fitness (written report). 2. Participating in Sport (practical performance). 3. Officiating in Sport (PowerPoint presentation). 4. Improving participants' sporting skill (written plan and practical delivery)
		Term 2	Component 1 Coursework Completion. In this term, learners will complete coursework for Component 1. This is submitted to the exam board and equates to 30% of the overall qualification final grade. There are 3 Tasks to complete for this coursework. They are linked to a different vocational context		Component 3 Content – External Exam. During this term, learners will study all the content for the exam – Component 3 – which is sat in the summer exam series. The content covered includes: - The importance of fitness for successful participation in sport.

	released by the exam board each year. The tasks cover: 1. Increasing participation in regular sport or physical activity for different types of sports participants (Written Report). 2. Equipment and technology required for participants to use when taking part in sport and physical activity (PowerPoint). 3. Preparing participants to take part in sport and physical activity (Written Plan and Practical Delivery).	- Fitness training principles. - Exercise intensity and how it can be determined. - Importance of fitness testing and requirements for administration of each fitness test. - Fitness test methods for components of physical fitness. - Fitness test methods for components of skill-related fitness. - Interpretation of results. - Requirements for each of the following fitness training methods. - Fitness training methods for physical components of fitness. - Fitness training methods for skill-related components of fitness. - Additional requirements for each of the fitness training methods. - Provision for taking part in fitness training methods. - The effects of long-term fitness training on the body systems. - Personal information to aid fitness training programme design. - Fitness programme design. - Motivational techniques for fitness programming.
Term 3	Component 2 Content. In this term, learners will study all the content required to complete Component 2 coursework in term 1 of Year 11. Content covered includes: - Components of physical fitness. - Components of skill-related fitness. - Techniques, strategies and fitness required for different sports. - Officials in sport.	Final preparation for the Exam. Sit the exam in the summer series. The exam is worth 40% of the overall qualification final grade.

		- Rules and regulations in sport. - Planning drills and conditioned practices to develop participants' sporting skills. - Drills to improve sporting performance.	
	Assessment	Formative assessment will take place throughout learning and will include – low stakes quizzing, teacher feedback, exam practice, questioning, group work and peer assessment. Learners will complete several summative mock assessments across the year replicating the BTEC Sport PSA coursework assessment and external exam. Assessment grades will be used for data collections throughout the year. In year 10, learners will complete coursework for Component 1. This is completed in the second term. In year 11, learners will complete coursework for Component 2. This is complete in the first term. In year 11, learners will sit their external exam in (Component 3) in the Summer exam series.	
	Knowledge and Skills Revisited	Knowledge and skills are revisited using exam papers, exam style questioning, lesson recaps, practice coursework assessments and low stakes quizzing. As there are lots of overlaps between the non-examined unit and examined unit knowledge and skills are revisited for retention.	